



**Oct. 31, 2016**

# Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at [www.usagria.army.mil](http://www.usagria.army.mil) under "News" and then "Local News."

**Island Insight Submission:**



[www.usagria.army.mil/News/II.aspx](http://www.usagria.army.mil/News/II.aspx)

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## Army's StandTo! Features Joint Munitions Command

Headquartered at Rock Island Arsenal, Illinois, Joint Munitions Command provides ready, reliable, lethal munitions at the tactical, operational, and strategic levels, ensuring munitions readiness. JMC is managed as an enterprise with the Enterprise-Integrated Logistics Strategy embedded within its operations. The command supports ammunition shipments to 445 locations in all 48 contiguous states. JMC maintains a stockpile valued at \$58.8 billion at continental U.S. wholesale locations, including Army and other service assets, and provides 106,000 ammunition inspections yearly. JMC provides operational contact to the field through the Logistics Assistance Program (LAP). Positioning ammunition professionals worldwide to support combatant command initiatives, the placement of LAP personnel, or logistics assistance representatives (LARs), is not static. JMC can shift or redistribute its workforce to meet new and emerging requirements. At the unit/field level, JMC LAP personnel assist in virtually every area related to ammunition readiness. In fiscal year 2016, LARs conducted approximately 800 hours of training to 1,000 personnel. ([More](#))



## Upcoming Dates

- Oct. 31:** On-Post Trick or Treating, 5-8 p.m.
- Nov. 1-30:** Military Family Appreciation Month
- Nov. 1:** Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 10:30-11:30 a.m.
- Nov. 1:** All Saints' Day Observance Service, Lock & Dam Lounge, Bldg. 60, 11:30 a.m.
- Nov. 2:** ASC Annual CFC Chili Cook-Off, Robinson Conf. Rm., 4<sup>th</sup> Floor, in Bldg. 350, 11 a.m. – 1 p.m.
- Nov. 3-4:** Higher Ed Track, Bldg. 56, Room 122
- Nov. 3:** Flightless Honor Flight, R.I. National Cemetery, 8 a.m.
- Nov. 3:** Soldier for Life-TAP, Bldg. 56, 1<sup>st</sup> Floor, Rm. 122, 8 a.m. – 4:30 p.m.
- Nov. 3:** RIA Historical Society Meeting/Dinner, Arsenal Island Clubhouse, 6-8 p.m.
- Nov. 4:** First Friday Social, Lock & Dam Lounge, 3-7 p.m.
- Nov. 5:** Tour of Quarters One for Gold Star Families, 10:30 a.m. – 12:30 p.m.
- Nov. 5:** Murder Mystery Dinner, Arsenal Island Clubhouse, 6 p.m.
- Nov. 6:** Daylight Saving Time Ends
- Nov. 8:** Election Day
- Nov. 8:** Real Colors, EAP, Bldg. 56, 1st Flr., Rm. 104, 8 a.m. - 12 p.m.
- Nov. 8:** Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 10:30-11:30 a.m.
- Nov. 11:** Veterans Day Ceremony, Rock Island National Cemetery, 1 p.m.
- Nov. 11:** QC Mallards Military Appreciation, iWireless Center, 7 p.m.

## **First Army Unit Ministry Teams Enhance Training to Enhance Soldiers, Families Religious Support**

A devotion started each day of instruction for the First Army Unit Ministry Teams participating in development training here Oct. 17-20. The training, hosted by First Army Chaplain Col. Jeffrey Zust, UMTs brainstormed to create a more streamlined training process that integrates active-duty, National Guard and Reserve Soldiers. "First Army hosts the Unit Ministry Teams Development Training twice a year," Zust said. "These events are critical in shaping and understanding how to create the blended force of the three Army components." This was the first time the chaplains and chaplain assistants met since undergoing a 100-percent personnel change in the past year. According to Zust, First Army UMTs perform or provide religious requirements to Soldiers and their families, as well as act as observer coach/trainers for Army Reserve and Army National Guard units preparing to deploy. ([More](#))



## **Behold the Secrets of the Government Bridge**

Most of us probably didn't even know it's up there. Forty-five steps above the deck of the Government Bridge is a tower. It rests in the center of the swing span — like the nest of a giant eagle. To a first-time visitor, the bridge's 22-foot by 22-foot control tower verges on surreal. Through its oversized windows on all four walls, the room appears to be floating on the Mississippi River — hovering between and above Davenport and Rock Island. In the center of the one-room square, the span's original, 120-year-old drive gears, about the size of ships' wheels, are controlled by hand. Operators in the tower control the speed of the swing span, using line of sight to perfectly permit passage of barges, tows and pleasure boats in and out of the locks before swinging back into alignment with the bridge. From the ceiling hangs a wooden-handled rope. When pulled, a mighty whistle alerts everyone below that a turn of the swing span is imminent. Near one corner of the tower, a giant monitor reveals live images from a dozen or more surveillance cameras in all areas of the Government Bridge — even (maybe especially) the under-side. ([More](#))



## **JMTC Wins Energy Efficient Award**

The Rock Island Arsenal's Joint Manufacturing and Technology Center is gaining national recognition, earning the Secretary of the Army Energy and Water Management Award. Local 4's Emily Scarlett takes us Inside the Gates with a look at their award-winning energy conservation achievements. There are big changes happening at JMTC. Their previous Plating Shop was 40 years old, in bad shape, and consuming a lot of energy. Joe Carpentier is an industrial engineering technician, he tells Local 4 News, "The old plating shop consumed 600,000 CFM of air it had to drag out of there to make it work. The new one will be approximately a tenth of that." The Plating Shop machines handle everything from coating, plating, and cleaning parts. "Pretty much everything to prep metal for production," says Carpentier. ([More](#))



## Night Light Survey Results

On the evening of Monday, Oct. 24, the installation energy manager performed a night-light survey inside and outside of most Garrison buildings, as well as a few factory buildings. On the "Night-Light Survey Results" document, penciled-in marks/shading on building icons represent lights found on (the document can be obtained from the energy manager). The energy manager used his judgement to rate each area surveyed and then sorted them from worst to the best. Ten is all lights on and one is all lights off. The workforce can view the results via the Night-Light Survey Results document. The survey results found some building areas had all the lights on and many buildings were completely dark or just had the safety lighting on. The automatic lighting controls in some buildings were found to be in need of maintenance. The energy manager will follow up to have them repaired. For those areas where the lights were found on, the energy manager will speak with the tenants. The building energy monitors and building managers need to review the results and help to inform the tenants in their areas of their responsibility to turn off the lights at the end of the work day. Now is a good time to assign building energy monitors if your building area does not have a building energy monitor to be sure your area is doing their best to conserve energy. If you do, please sign them up on the [Building Energy Monitor page at the Energy Awareness Intranet site](#). Contact the energy manager, Jay Richter, at 309-782-2496 to request the Night-Light Survey Results document, for assistance, or if you have any questions.



## Soldier for Life

Soldier for Life connects Army, governmental, and community efforts to build relationships that facilitate successful reintegration of Soldiers, retired Soldiers, veterans, and their Families in order to keep them Army Strong. A Soldier for life is a resilient leader of character committed to a lifetime of service to the nation and the Army, whether active, National Guard or Army Reserve, even after retiring or transitioning from service. Soldier for Life is a holistic shift in how the Army focuses on Soldier support services in all phases of the Soldier lifecycle. The Army ensures Soldiers, past and present, are aware of policies and educational, credentialing and health and wellness services and actively engages with those entities who can provide services to Soldiers and their Families. Retired Soldiers, veterans and their Families are still proud, still serving and still saluting, and the Army will never break faith with these valued members of the Army Family. Soldier for Life resources ensure they maintain enduring access to networks for life. Soldiers for Life are forever part of a noble profession immersed in the Army Ethic, Army Values, Warrior Ethos, Soldier's Creed and career skills that will prepare them for exceptional lives, during and after service. ([More](#))



## Variable Building Temperatures

The Energy Savings Performance Contractor has installed new heating equipment in many buildings at Rock Island Arsenal. The systems are being tested and adjusted for optimum performance as the work nears completion. You may experience hot or cold spots in building areas until adjustments are completed. Please report heating or cooling issues to the DPW Work Order Desk at [usarmy.RIA.imcom-central.mbx.usag-pw-work-order-desk@mail.mil](mailto:usarmy.RIA.imcom-central.mbx.usag-pw-work-order-desk@mail.mil) or call 309-782-2387 so we can address concerns as quickly as possible.





## FEGLI and TSP Beneficiary Designations

When you came to work for the government, you filled out a raft of papers. Among them likely were designations of those you wanted to benefit from your Federal Employees Group Life Insurance (FEGLI) coverage and TSP account if you died. If you are like most employees, you made those designations years ago, even decades. Often, the name or names you put down then aren't the one(s) you would pick today. But if you don't take steps to change that designation, the name(s) you put down (or their heirs) will be the one(s) who will get those benefits, not who you would choose today. For example, if you originally designated your parent(s) or a sibling and later got married, that original designation would probably not be the way you'd like to have your benefits distributed now. To change a previous FEGLI designation, you'll need to fill out a Standard Form 1823. The form for changing a TSP designation is the TSP-3. Both forms are available from your personnel office or online at, respectively, [www.opm.gov/forms](http://www.opm.gov/forms) and [www.tsp.gov/forms/index.html](http://www.tsp.gov/forms/index.html). ([More](#))

## All Saints' Day Observance Service

Father Adam will conduct a Holy Day of Obligation All Saints' Day service on **Tuesday, Nov. 1**, 11:30 a.m. – 12:15 p.m., in the room just outside of the Lock & Dam Lounge in Bldg. 60, and offer Catholic Mass for those who would like to attend. The event is sponsored by the ASC/JMC/First Army Chaplain's Office. For additional information or accommodations please contact Sgt. First Class Jeffrey Matthews at 309-782-4603. All Saints' Day is a solemn holy day of the Catholic Church celebrated annually on Nov. 1. The day is dedicated to the saints of the Church, that is, all those who have attained heaven. Generally, All Saints' Day is a Catholic Holy Day of Obligation, meaning all Catholics are required to attend Mass on that day, unless they have an excellent excuse, such as serious illness. However, when All Saints' Day falls on a Saturday or a Monday, the obligation to attend Mass is abrogated. For instance, All Saints' Day fell on Saturday in 2014 and Monday in 2010; in both cases, Catholics in the United States were not required to attend Mass. ([More](#))



## ASC Annual CFC Chili Cook-Off

ASC will have its annual CFC Chili Cook-Off on **Wednesday, Nov. 2**, 11 a.m. – 1 p.m., in the Robinson Conf. Rm., 4<sup>th</sup> Floor, in Bldg. 350. We are asking for a minimum donation of \$5 from those that are interested in tasting all chilies entered and voting for the "Best" chili. All proceeds raised will go to the Illowa Bi-State Combined Federal Campaign. To enter your chili, please contact [Kathy Kresin](#), 309-782-7029, or [Capt. Robert Alsfelder](#), 309-782-1855, by **Wednesday, Oct. 26**.



## Wieblers' Military Appreciation Day

Wieblers Harley-Davidson is a proud supporter of our service men & women, so on **Saturday, Nov. 5**, we will honor, celebrate & show our appreciation for all who serve or have served. The day's activities will include a honor ride, chili lunch, & more. Ride registration starting at 9 a.m. at Wieblers' H-D. \$10 per person donation with all proceeds going to the Humility of Mary Shelter, Inc. of Davenport Veterans Services to assist local veterans in need. Bikes out at 10 a.m. back by Noon with a free chili lunch till it's gone. ([More](#))

## **In Honor of Our Veterans – 'Moral Injury. Who Cares?'**

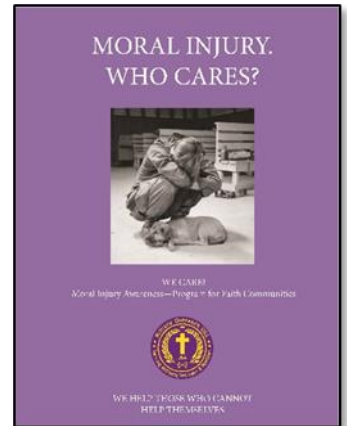
We would be honored for veterans, parents and grieving family to attend our church veteran's appreciation dinner on **Sunday Nov. 6**, at 2 p.m., at Risen Christ Lutheran Church, 6021 Northwest Blvd., in Davenport. Guests may bring family, friends, escorts and fellow veterans that would be coming with you. The event will include the presentation, "Moral Injury. Who Cares?" presented by U.S. Army Maj. Gen. (ret.) James H. Mukoyama, president/CEO, Military Outreach USA. Bruce Cheeks, U.S. Navy Seabees Veterans of America, Island X-2 Davenport, will display his scaled replica of the Vietnam Wall. The event will include fellowship and dinner after the presentation. Seating is limited so registration is required. Please register using U.S. Mail, telephone or email to:

**Gary Larson**

**4422 W Kingston Circle, Bettendorf, IA. 52722**

**563-676-7279, [garylarson1949@yahoo.com](mailto:garylson1949@yahoo.com)**

Please register no later than **Tuesday, Nov. 1**. Please include your name, branch of service, dates of service and any additional individual's wishing to attend. This event is at no cost, thank you for your service. ([More](#))



## **Veteran's Breakfast**

CASI - Center for Active Seniors will hold a Veteran's Breakfast on **Monday, Nov. 7**, at 8 a.m. Free for ROTC, veterans and active duty service members, \$5 for guests/general public. RSVP is required by **Monday, Oct. 31**, by calling 563-386-7477 or by visiting the CASI front desk. The event will feature guest speaker Gary Metivier, KWQC. Immediately following the breakfast, Metivier will do a book signing for this book "Cody and Grandpa's Christmas Tradition." ([Flyer](#))

## **IowaWORKS Salute to Veterans Open House**

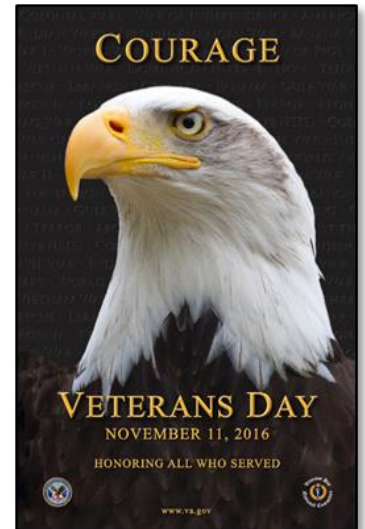
Veteran VA Work Study and Davenport Employment Staff from IowaWORKS Eastern Iowa, Davenport Center will be hosting an "Open House" to pay tribute to our veterans who have served with distinction in our armed forces. The event will be held **Thursday, Nov. 10**, 9 a.m. – 12 p.m., in the Village Shopping Center, at 902 W. Kimberly Road, Suite 51, in Davenport. All veterans are encouraged to stop by and network with some of the following agencies that will be represented. Feel free to drop by anytime refreshments will be provided in the Roosevelt Room.

## **Fall Concert - Salute to Our Veterans**

The Bettendorf Park Band will perform a fall concert, Salute to Our Veterans, on **Thursday, Nov. 10**, at the Bettendorf Public Library, located at 2950 Learning Campus Dr, in Bettendorf; with music by George M. Cohan, Glenn Miller, John Philip Sousa, and much more. Bettendorf Park Band is a community service of the Parks and Recreation Department of Bettendorf. The band is a volunteer concert band conducted by Brian Hughes and Associate Conductor Sean Talbot established in 1967, which provides the opportunity for amateur musicians to enjoy the pleasure of playing in a band. ([More](#))

### Rock Island National Cemetery to Commemorate Veterans Day

The Rock Island National Cemetery will have a Veterans Day Ceremony on **Friday, Nov. 11**, at 1 p.m., Rock Island National Cemetery, at the main flagpole. The keynote speaker for the Veterans Day ceremony will be Maj. Gen. Edward Daly, commanding general, U.S. Army Sustainment Command, and senior commander, Rock Island Arsenal. The ceremony will include wreath placement, an honor salute, and taps. Veterans Day is intended to thank and honor all those who served honorably in the military - in wartime or peacetime. A Congressional Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11<sup>th</sup> of November in each year a legal holiday – a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day had primarily been a day set aside to honor Veterans of World War I. However, following World War II and the Korean War, Veterans service organizations urged Congress to amend the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of new legislation in 1954 (Public Law 380), Nov. 11 became a day to honor American Veterans of all wars. ([More on Veterans Day](#))



### Special Veterans Day Hours at the Colonel Davenport House

The Colonel Davenport House will be open for special hours on **Friday, Nov. 11**, for Veterans Day from 1:30 to 4 p.m. Admission is only \$1 for adults and free for kids and active and retired military. Guides will be available to answer questions. The gift shop will also be open, selling Early American items like toys and candle molds, souvenirs, and books, including two that give information about Colonel George Davenport and his military service, new books about the Mississippi River, and Mississippi River mud t-shirts. The Colonel Davenport House ended its regular schedule on **Sunday, Oct. 30**. Group tours may be scheduled by appointment. The house resumes its regular hours on **Thursday, May 4**.



### QC Mallards Annual Military Appreciation Night

Mark your calendars... the Mallards will recognize those who have served in the armed forces with Military Appreciation Night when the team plays on Veteran's Day, Friday, **Nov. 11**, at 7 p.m., at the iWireless Center in Moline, against the Toledo Walleye. Tickets to this Mallards' game will be available to current and former members of the military, their families, reservists, as well as all RIA workforce employees, for just \$5. Details about where to pick up tickets will be forthcoming.



### Veterans History Project

On **Friday, Nov. 11**, WQPT will be hosting the Veterans History Project at Western Illinois University-Quad Cities, 3300 River Dr, in Moline, from 9 a.m. to 12 p.m. We are looking for veterans to tell their stories of service so that we can record them and submit them to the Library of Congress. Stories need to be at least 30 minutes to be admitted. We want any veterans that served after WWII. To set an appointment up, please call 309-764-2400. Veterans from WWII and the Korean War will receive priority. The Veterans History Project of the American Folklife Center collects, preserves, and makes accessible the personal accounts of American war veterans so that future generations may hear directly from veterans and better understand the realities of war. The United States Congress created the Veterans History Project in 2000. The authorizing legislation

(Public Law 106-380), sponsored by Representatives Ron Kind, Amo Houghton, and Steny Hoyer in the U.S. House of Representatives and Senators Max Cleland and Chuck Hagel in the U.S. Senate, received unanimous support and was signed into law by President William Jefferson Clinton on Oct. 27, 2000. ([More](#))

#### **4<sup>th</sup> Annual American Legion Veteran's Day 5K Run & Family Run/Walk**

The Blue Grass American Legion Post 711 is hosting its Annual Veterans Day 5K Run on **Saturday, Nov. 12**, at American Legion Post 711, 106 South Juniata St., in Blue Grass, Iowa, to help support the veterans and the local community. The event will include a 5K Run, a Kids ½-Mile Run, a Family 1½-Mile Run/Walk, and a Battle Buddy ½-Mile Run. For start times, additional details, and to register go to

[GetMeRegistered.com](http://GetMeRegistered.com). This is our fourth year and we are trying to make this one the best one yet. It might be a little chilly out, but it is a great organization and a fun time.

We use the proceeds from this race as well as other activities to fund a lot of different programs in our community, such as Hawkeye Boys & Girls State, Merit Awards, Scouting, Hospital Supplies, Military Funeral Honors and that is just to name a few of the many things we do to help out. This will also be where you can pick up your packets for the race. Registration is open until the morning of the race. There is a late registration fee of \$5.00 added to any one registering after **Nov. 1**. If registered before **Nov. 5** each participant will receive in their packet a personalized dog tag and a tee shirt as well as coupons and other things given to us by our sponsors (You are not guaranteed a personalized dog tag after **Nov. 1**). Trophies will be given to the top three male and female finishers in all the age groups. If there are any questions or you want to volunteer to help out call the American Legion at 563-381-4380 or send us an email at [alpost711.5k@outlook.com](mailto:alpost711.5k@outlook.com). ([Flyer](#))



#### **VIOS Schedule for November, December**

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Nov. 14, 15, 16, 17, and 18**; and **Dec. 12, 13, 14, 15, and 16**.

Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available.

Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally.

Additional prints can be ordered in VIOS. All scheduled dates can be found on the [RIA VIOS website](#)

#### **ICE Needs You!**

Our goal is to meet your expectations and provide the best customer service possible. We appreciate hearing from you and value your opinions. We recognize that not all feedback is positive. Negative comments or observations regarding any services here on Rock Island Arsenal provide us with the necessary information to improve those services. Providing your contact information is vital to helping us obtain additional information if needed and to also inform you of reasons why a product or service can't be changed. When the customer chooses to remain anonymous, and does not provide sufficient information to identify the issue or problem, the Garrison staff is not able to take action and the comment is rendered useless. Now that you know how you can help, please take the time to let us know how we're doing. It takes less than a minute to fill out the standard six questions on the [ICE](#)





[website](#) and you're always welcome to add additional information in comment spaces provided. Be assured that all comments and information are secured and kept confidential.

### Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, Nov. 18, 10 a.m. – 2 p.m.** If you would like to donate at this blood drive, feel free to email [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119.



***Charlie Corpuscle reminds us, "October is Breast Cancer Awareness Month! Did you know 17 percent of blood donations in our area are used by cancer patients?"***



**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

### Suits for Soldiers

Farmers Insurance announced the launch of its nationwide Suits for Soldiers program to help active duty military personnel transition to civilian work and life. **Oct. 18 through Nov. 30**, Americans across the country can support veterans transitioning into the civilian workforce by donating gently used and dry cleaned suits or professional attire for men and women at more than 13,000 Farmers agencies. Specifically, they are collecting suits, blazers, dresses, dress pants, and other items that we can give to our military personnel and veterans so they have a fighting chance when interviewing for a new career. Collection sites include the Farmers Office at 4436 N Brady Street, Sears in Davenport and at the Ken Himebaugh Farmers Insurance office at 1600 30th Avenue in Moline. You can also contact your local Farmers agent. The American Legion Post 26 will be hosting a distribution event on **Thursday, Dec. 1, 1-7 p.m.** For the distribution event, Farmers will invite all the local veterans, active duty, and reserve members in who may need a suit for their next job interview. POC: [Nickolas Grant](#), Farmers Insurance, District Office Quad Cities Branch, 563-275-4124. *Information is provided for informational purposes only and does not constitute any endorsement of said company, affiliated company or services.* ([More](#))



### Vets with Disabilities Explore Camp Courageous Day

Vets with Disabilities Explore Camp Courageous Day will take place on **Monday, Nov. 21**, at Camp Courageous, located at 12007 190th St, in Monticello, Iowa, beginning with flag raising and arrival 9:30-10 a.m. The event is to give veterans who have disabilities a taste of camp. The event is for vets who have disabilities. The Camp is seeking referrals and to get the word out. Those interested will need to RSVP with the number attending (vets and family members/assistants) and basic contact info (name, phone, address, email). This will help programming and dietary plan effectively and be prepared. Camp staff will lead activities and assist with transitioning individuals from one location to another, answering questions, tours, and guidance around camp. Dietary staff will provide lunch. A survey/evaluation will be passed out at the end to gather feedback and determine interest in further programming for veterans who have disabilities at Camp Courageous. Please contact Stephen Fasnacht at 319-465-5916 x2310 or [stephen@campcourageous.org](mailto:stephen@campcourageous.org). ([More](#))





## End of Year Leave Donations

For those wishing to donate annual leave to a federal civilian employee currently accepted into the Leave Transfer Program for an ongoing medical emergency, please complete Statement of Leave Donor (RIA form 690-43) or Request to Donate Annual Leave (OPM 630a) and submit with supervisor signature to the Civilian Personnel Advisory Center. To ensure a leave donation will be deducted from this calendar year, all donations must be received in the CPAC no later than **Wednesday, Jan. 4**. Generally, the maximum number of annual leave hours an employee may donate per year is one-half of the amount of annual leave he/she is entitled to earn in that leave year, as follows:



Annual Leave Hours Earned Per Pay Period	Maximum Number of Hours that May be Donated
4	52
6	78
8	104

Toward the end of the leave year, the maximum donation decreases to no more than the number of hours remaining in the leave year (as of the date of transfer) the donor is scheduled to work and receive pay. POC Janine Couppee may be reached at PECH-NCR-E, 309-782-1278.

## Arsenal Island Employee Local Discounts

*The following discounts are exclusively available to Arsenal Island employees — **AT&T Wireless:***

As a service member of the U.S. Army you could be saving 15 percent on the monthly service charge of qualified wireless plans. Visit your local AT&T store at 4500 16th Street, (inside SouthPark Mall) Moline or 3120 E. 53rd street, Davenport, or to purchase online, visit [att.com/wireless/USArmy](http://att.com/wireless/USArmy) If you visit a local AT&T store, please have proof of eligibility. Mention Discount Code: FAN2421660. **Infinity Salon & Spa:** Located at 220 W 3<sup>rd</sup> St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18<sup>th</sup> Street in Bettendorf. **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2<sup>nd</sup> St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3<sup>rd</sup> Ave., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

# Arsenal Traffic/Construction



## Road Closures, Parking Closures Around Bldg. 299

The Directorate of Public Works is scheduling road closures and parking closures around Bldg. 299 on Gillespie Street and Beck Lane. The closure is required in order to continue work on installation of new sprinkler service water mains for Bldg. 299. The installation of those water mains requires the removal and replacement of sections of Gillespie Street and Parking Lot 1P. The closures commenced on **Oct. 31**, and will reopen on **Thursday, Nov 3**. The date may be moved out pending weather or unforeseen site conditions during excavations. During construction on Gillespie, the west lane of the road will remain open at all times to allow for vehicle access through the rolling gates into Bldg. 299. Pedestrian traffic from Lot 1P to Door 17 will be rerouted parallel to the existing crosswalk and will be barricaded and signed. Relocation of handicapped/reserved parking is being coordinated with JMTC personnel and will be reassigned.

## Government Bridge Closures October/November

The Iowa Interstate Railroad will make repairs on the railroad over the Government Bridge. This will necessitate some closures of the Government Bridge and effect traffic crossing the Bridge.

- Between **Wednesday, Oct. 5**, and continuing to **Thursday, Nov 10**, 9 a.m. to 2 p.m., **Monday through Friday**, expect intermittent single-lane closures for vehicle traffic. No impact to pedestrian, bicycle, navigation or rail traffic.

## Update Repair Gillespie Street

On Tuesday, Sept. 6, Public Works began making repairs to Gillespie Street. The road will be closed between Blunt Road and the north entrance to Bldg 312. We encourage pedestrians to avoid this area, but they may use the west sidewalk along Gillespie to the south entrance of Bldg. 312 and then cross over to the golf cart path proceeding onto Ramsey Road. If safety becomes an issue, the area will be closed to pedestrian traffic. Orange safety fence is installed around the perimeter of the work area. Please use caution when traveling near the area and be aware of extra truck traffic traveling to the construction site.

## Notice for Repair of Gillespie Street

On Aug. 15, the Directorate of Public Works began making repairs to Gillespie Street. The work is being accomplished in multiple phases. Phase I includes the repaving of Gillespie Street from Blunt Road to the north edge of the south entrance to Bldg. 312. Phase II is from the south entrance to North Avenue. Work includes paving, curb and gutter, storm drainage and sidewalk replacement. The project is expected to last approximately **four months** depending on weather. Orange safety fence are installed around the perimeter of the work area. Signs and barricades are in use to detour traffic. Please use caution when traveling near the area.

## Parking Area Lot Closed Near Bldg. 350

On Oct. 17, the Directorate of Public Works began a project to repair the emergency generators located in Parking Lot 3L northeast of Bldg. 350. The work includes replacement of an existing generator that feeds critical loads in Bldg. 350. The new generator will be located along the north

edge of the parking which requires closing approximately 40 parking spaces during construction. The project is scheduled to be completed by **Friday, July 14.**

### **Rock Island Viaduct Sidewalk Closed to Pedestrians**

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.



## **Building/Space Closures**



### **Closure Notice, Building 104 Courtyard**

The Directorate of Public Works has closed the Bldg. 104 Courtyard to all traffic, parking, and public access effective **Aug. 1, through Thursday, Dec. 15.** Closure is required to stage materials and equipment to remove and replace the roof on Bldg. 104. Signage will be placed at all doors exiting into the Courtyard notifying occupants of emergency exit only. Access into the Base Supply Store will be through the south end, east wing overhead door and/or East door. Emergency Services will have access to all doors in the courtyard in case of emergencies.



## **Active Duty/Reserve Zone**



### **White House, DoD Salute Companies' Commitment to Hire Military Spouses**

Employers who hire military spouses are doing the right thing for their businesses -- and for the country, speakers at a Department of Defense Military Spouse Employment Partnership event said this week. White House and Defense Department officials, business representatives and military spouses were among those who came out Oct. 17 to celebrate the induction of 50 employers to the MSEP program -- the largest induction class since the initiative was launched five years ago. By hiring military spouses, employers are promoting stability in military families, which increases the readiness of the force, said Todd A. Weiler, assistant secretary of defense for manpower and reserve affairs. ([More](#))



# Safety Spotlight



ARMY SAFE  
IS ARMY STRONG



## Summer Motorcycle Rider Courses are Success

The U.S. Army Garrison Rock Island Arsenal Safety Office recently completed this summer's Motorcycle Rider Courses. Courses were conducted in May, August and September. This year's numbers were as follows:

- Basic Riding Course; (two 8-hour days) – 10 students
- Military Sport Bike Rider Course; (one 8-hour day) – 5 students
- Experience Rider Course (one 8-hour day) – 10 students

The Army Progressive Motorcycle Program was developed to address indiscipline such as speeding, loss of control, and alcohol, which are among the top three factors cited in indiscipline-related accident reports. The PMP addresses rider behavior, teaches basic skills, and builds and improves rider attitude and control throughout a Soldier's riding life. The program is designed to continually re-engage riders while promoting safe behaviors, refreshing skills and establishing lifelong learning among the Army's riding population. Next year's classes will be scheduled for May, June, and September. Motorcycle Riding Courses are for military personnel only. Registration for courses is through the web-based U.S. Army IMCOM Registration System or "AIRS" at <https://imc.army.mil/airs/default.aspx>. Of special note, each course is limited to six riders. If you need further information please contact either [Nancy Carlson](#) or [Michael Chaplin](#) at 309-782-1380.

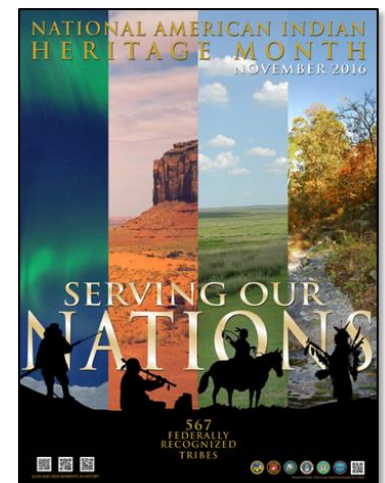


# Equal Employment Opportunity Focus



## National Native American Heritage Month

American Indians and Alaska Natives enrich every aspect of our country. As the first to live on this land, Native Americans and their traditions and values inspired—and continue to inspire—the ideals of self-governance and determination that are the framework of our Nation. This month, we recognize the contributions made by Native Americans since long before our founding, and we resolve to continue the work of strengthening government-to-government ties with tribal nations and expanding possibility for all. Native Americans have helped make America what it is today. As we reflect on our history, we must acknowledge the unfortunate chapters of violence, discrimination, and deprivation that went on for far too long, as well as the effects of injustices that continue to be felt. While we cannot undo the pain and tragedy of the past, we can set out together to forge a brighter future of progress and hope across Indian Country and the entire American landscape. This month, let us reaffirm our responsibility to ensure each generation is



defined by a greater sense of opportunity than the last, and let us pledge to maintain our strong relationship with tribal nations across America. By keeping this commitment, and by endeavoring to shape a future in which every citizen has the chance to build a life worthy of their hopes and dreams, we can ensure that ours is a country that is true to our spirit and to our enduring promise as a land where all things are possible for all people. ([More](#)) — *2015 Presidential Proclamation*

### **Obama Exceeds Hiring Goal for Disabled Federal Employees**

The Obama administration announced Thursday that it has exceeded its five-year goal of hiring 100,000 people with disabilities into the federal government. Between fiscal years 2011 and 2015, the federal government hired 109,575 part- and full-time employees with disabilities, exceeding President Obama's 2010 executive order goal of 100,000 new hires during that time, according to a new report from the Office of Personnel Management. Full-time permanent employees with disabilities represented 14.41 percent of the overall federal workforce, or 264,844 people in fiscal 2015 – that's more disabled people working for the federal government than at any time during the past 35 years – and an increase from 13.56 percent in fiscal 2014. Since 1980, the federal government has hired 139,777 disabled employees – most of them during the Obama administration -- bringing the fiscal 2015 total to 264,844. ([More](#))

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## **Morale, Welfare & Recreation**



### **Morale, Welfare & Recreation (MWR)**

Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs.

### **Fitness Center Classes**

The Fitness Center is now offering new fall classes! Everyone may try a class for free if you have not participated in the class before. New schedule and class descriptions may be located on the [MWR website](#). If anyone has any questions pertaining to the classes, please call the fitness center at 309-782-6787 for further information.

### **Arsenal Island Golf Course Fall Membership Drive**

Now is the time to purchase or renew your annual golf memberships. We've put together a great package of benefits for our annual pass holders and prices will go up on Jan. 1. Check out the [flyer](#) or call the Pro Shop for more details.

### **NAF Retirement & Benefits Briefing**

All Part-Time and Full-Time Non-Appropriated Fund (NAF) employees regardless of length of service or projected retirement date are invited to come and learn about the benefits and retirement options available to them **Wednesday & Thursday, Nov. 2** (10 a.m.) & **Nov. 3** (2 & 6:30 p.m.), Abel Conf. Rm. (Bldg. 110). Topics will include important info you need to know to help plan for your future including info on open season. To RSVP call 309-782-3097 or email: [usarmy.ria.chra-nc.mbx.chra-ri-cpac-naf@mail.mil](mailto:usarmy.ria.chra-nc.mbx.chra-ri-cpac-naf@mail.mil) ([Flyer](#))

### **First Friday Social**

Join your Island colleagues **Friday, Nov. 4**, at 3 p.m., at the Lock & Dam Lounge for a fun evening of appetizers, drinks, networking, and socializing. This event is open to the entire RIA workforce and the general public so bring your friends, family, neighbors, mail man... whoever, just come out and have fun with us. Call 309-782-4372 for more info.

### **Murder Mystery Dinner**

Enjoy a buffet dinner **Saturday, Nov. 5**, at 6 p.m., at the Arsenal Island Clubhouse as the plot of the murder at Skuttlebutt Sound unfolds in this fun evening of interactive whodunnit comedy theater. Tickets are \$45/person and reservations can be made by calling 309-782-4372. ([Flyer](#))

### **Thanksgiving Dinner Buffet**

Come enjoy a delicious Thanksgiving Dinner Buffet **Thursday, Nov. 24**, 11 a.m. - 2 p.m., at the beautiful and historic Arsenal Island Clubhouse with your family and friends and leave the planning, shopping, cooking and clean up to us. Cost is \$21/adult, \$10/child (3-10 years), and children under three eat free. Call 309-782-4372 for more info and to make reservations. ([Flyer](#))

### **Tree Lighting Ceremony & Vendor Fair**

Come ring in the holiday season **Friday, Dec. 2**, 4 p.m., at Heritage Hall, at the Rock Island Arsenal's Annual Tree Lighting Ceremony. There will be lots to do and see including various children's activities, free keepsake photos with Santa, free cookies and hot cocoa, door prize drawings including lots of great prizes and a vendor fair to get a head start on your holiday shopping. Call 309-782-5890 for more info. ([Flyer](#))



### **Office Hours**

Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

### **FMWR Outdoor Recreation**

Tables and Chairs are available for rent at the Outdoor Recreation Equipment Checkout Center in Bldg. 333. The Holidays are fast approaching, call 309-782-8630 to reserve them for your holiday party or gathering.

### **Disney on Ice: Dare to Dream**

Feld Entertainment's Exciting Disney On Ice Production is a Celebration of Royal Proportions featuring Tangled, Snow White and the Seven Dwarfs, The Princess and the Frog and Cinderella. Join Mickey Mouse, Minnie Mouse, Donald and Goofy as they follow four of Disney's most inspirational princesses on their adventures to fulfill their dreams in Feld Entertainment's newest ice spectacular, Disney On Ice presents Dare to Dream. Combining the contemporary stories of two modern-day princesses, Rapunzel and Tiana, with the classic elegance of Cinderella and Snow White, Dare to Dream whisks audiences away on exciting journeys where dreams really do come true. MWAR Leisure Travel Office has several dates and times (performances at the iWireless



Center running **Dec. 1-4**) for discounted seating to this show. Call the Leisure Travel Office for more details at 309-782-5890.

### **Trans-Siberian Orchestra**

Trans-Siberian Orchestra is celebrating their 20<sup>th</sup> anniversary this year, and will bring back "The Ghosts of Christmas Eve" to the iWireless Center on **Thursday, Dec. 8**, at 7:30 p.m. Leisure Travel Office has discounted seats on sale until **Monday, Nov. 28**. \$47 Section 213 Rows 3 & 4; \$58 Section 107 Rows 7 & 8; and \$68 Section 114 Row 12 & 13.

### **Downtown Chicago/Christkindlmarket**

Leisure Travel is selling seats for this popular winter shopping bus trip taking place **Saturday, Dec. 10**, 6:30 a.m. - 5 p.m. Let Tri-State Travel coach drive you to and from. No worries about traffic or paying for parking. Cost is \$41 per person. Transportation only. Depart from the Motel 6 by QC Airport at 6:30 a.m. Depart from Chicago at 5 p.m. ([Flyer](#))

### **The Original Harlem Globetrotters**

On **Saturday, Jan. 7**, at 4 p.m., iWireless Center presents a star-studded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry and one-of-a-kind family entertainment that thrills fans of all ages. Join Globetrotter stars after the game where they will stay for an autograph, photograph and high five session for fans (subject to availability). Also make sure to purchase a Pre-Event Magic Pass: Before the game from 2:30 p.m. – 3 p.m., take part in a once-in-a-lifetime experience with your family where you have an opportunity to spend time on the court with the Globetrotters – shooting, trying out ball tricks, and getting autographs and photos. The unique 30-minute pre-show, "Magic Pass," will create memories of a lifetime. The Leisure Travel office has discounted tickets on sale until **Monday, Dec. 12**. Section 103, rows 8 & 9, \$56; Section 105, rows 12 & 13, \$35; and Section 106, rows 8, 9 & 10, \$27. Magic Passes \$16.

### **World's Toughest Rodeo**

Cinch World's Toughest Rodeo has doubled up on preshow fun as the event will opens at 6 p.m. for a free preshow as we invite fans to "get down in the dirt." Come early and partake in the interactive activities for all ages including pony rides, all access meet and greet with cowboys and entertainers, hop in the clown's barrel for photos, sit on Midnight the bull in the bucking chutes, or get up close and personal with the Cinch World's Toughest Rodeo animal superstars as our staff host behind the chutes tours. The entire arena will overflow with fantastic activities all new for 2017 from 6-7 p.m. Leisure Travel has discounted seating for both Friday and Saturday shows. • **Friday, Jan. 27**, at 7:30 p.m.; Section 102, rows 11 & 12, adult \$35.50, children 12 under \$21.75, Section 201, rows 2, 3 & 4, adult \$25.50, children 12 under \$16.75. • **Saturday, Jan. 28**, at 7:30 p.m.; Section 102, rows 11 & 12, \$35.50 adult/child, Section 202, rows 2, 3 & 4 \$25.50 adult/child. Tickets on sale through Leisure Travel until **Monday, Jan. 16**.

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## Child, Youth & School Services



### North Pole Party

Join your friends **Saturday, Dec. 10**, 4-7 p.m., at the School Age Center (Bldg. 150), for a North Pole Party. We'll have holiday crafts from 4-5 pm and then we'll show a holiday movie with hot cocoa and popcorn. Santa and his elves will be there so make sure you mark this fun event on your calendars now and RSVP by calling 309-782-5019, space is limited. ([Flyer](#))

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## Army Community Service



ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

### John Deere Pavilion Tour

Come be a tourist in your own backyard **Friday, Nov. 18**, at 10 a.m., on these informative free tours with the Army Community Service Relocation Assistance Program. This tour will be at the John Deere Pavilion in downtown Moline. Call 309-782-0829 for more info and to RSVP. ([Flyer](#))

### RIA Points of Interest Tour

Come be a tourist in your own backyard **Friday, Dec. 2**, at 9 a.m., at Quarters One, on these informative free tours with the Army Community Service Relocation Assistance Program. This tour will highlight some of the interesting places on the Arsenal including Quarters One and the RIA museum. Call 309-782-0829 for more info and to RSVP. ([Flyer](#))

### Isabel Bloom Tour

Come be a tourist in your own backyard **Thursday, Dec. 15**, at 10 a.m., on these informative free tours with the Army Community Service Relocation Assistance Program. This tour will visit the local Isabel Bloom factory. Call 309-782-0829 for more info and to RSVP. ([Flyer](#))

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## Employee Assistance Program



ASAP/EAP is located in Bldg. 56, 1<sup>st</sup> floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. In addition, [a list of our classes & groups with dates, locations, and times, is located here](#). [Find us on Facebook click here](#).

### **Grief Support Group**

Have you been struggling with the recent loss of a loved one? The EAP welcomes you to attend confidential group sessions to share your feelings with others who are experiencing the same emotions and challenges to daily living. Participants will receive support and companionship from others while learning about the grieving process. Groups will be held each **Tuesday** from 10:30-11:30 a.m. at the EAP in Bldg. 56, Room 104; to RSVP call 309-782-4357.

### **The RIA Employee Assistance Program Presents: Real Colors**

Want to enhance your communication skills? Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the difference in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Location: Bldg. 56, Room 122, Sign up in [TEDs](#) (Search key word "Real Colors" or contact 309-782-4357.

Event Date: **Nov. 8**

Event Time: **8 a.m. - 12 p.m.**

### **Improving Workplace Relationships**

Relationships in the workplace are very much like relationships in our personal lives. Therefore they require many of the same skills we use with those who are closest to us. Learning these skills makes sense because many of us spend more time with our co-workers than with our family members. Skills learned are based on research based concepts and address issues of communication, conflict, respect and trust. The upcoming class date is **Nov. 10**, 10 a.m. – 12 p.m., and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782-4357. Register for classes on [TEDs](#) under "Current Classes."

### **Assertiveness Training**

Learn strategies to communicate with effectiveness and enhance yourself personally and professionally. Upcoming class date is **Nov. 29**, 10:30 a.m. – 12 p.m., and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

### **Emotional Intelligence**

Emotional intelligence is the ability to understand and manage your own emotions, and those of the people around you. People with a high degree of emotional intelligence know what they're feeling, what their emotions mean, and how these emotions can affect other people. Emotional intelligence addresses five competencies; Self-Awareness, Self-Regulation, Self-Motivation, Empathy, and Effective Relationships. The upcoming class date is **Dec. 20**, 10:30 a.m. – 12 p.m., and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."



# Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

## Build your Future with O\*Net Online

What can I do with my MOS after leaving the service? Can I even make money doing this job in the civilian world? What do I want to be when I grow up? Obtaining the answers to these commonly asked questions has officially been simplified. This is all thanks to [O\\*Net Online](#). O\*net Online is the Department of Labor's one stop shop to research careers, apprenticeships, salary trends, get information on growing career fields and hot technologies, and even find jobs equivalent to a service member's MOS. O\*Net can be used by service members, their families, or anyone seeking career information. There is a specific portal for veterans that allows the capability to gather and analyze MOS specific civilian career equivalents and information. The O\*Net Interest Profiler is a unique assessment tool for those that are unsure of their next career endeavor. There are about 50 multiple choice questions that take approximately 10-15 minutes to answer. A detailed listing of potential careers that match your interests and values will appear once the assessment is completed. O\*Net affords you the opportunity to easily research these careers and get salary data based on location to help you make the right education decisions. For more information about O\*Net Online contact the Education Center at 309-782-2065.

## Higher Ed Track

Do you plan on attending college? Do you know where to start? We have the answer for you. The next Higher Education Track (course) is scheduled for **Thursday and Friday, Nov. 3-4**, Bldg. 56, Room 122. The Higher Education Track helps guide you in pursuing a college education with preparation for college application process. Topics covered include: identifying educational goals, finding education funding, and researching and comparing institutions. This course is designed to guide you through the variety of decisions involved in choosing a degree program, college institution and funding considerations. This course is open to all military service members and their Family members. Please phone 309-782-7780 to reserve your seat.

## American Education Week

Army Continuing Education System will celebrate American Education Week nationwide **Nov. 13-19**. Tuition Assistance totals for Active Duty, National Guard, and Reserve was \$213.5M in FY16 and \$228.5M in FY15. This year's theme of "Army Continuing Education - Investing in our Soldiers, Investing in the Future" highlights the continued support for our Service Members in pursuit of degrees and certifications. ACES offers a variety of educational opportunities and degree programs to assist Service Members expand their knowledge base and even increase promotion opportunities. Obtaining an advanced degree can help the transitioning Service Member maintain a competitive edge with civilian employers. Your Rock Island Arsenal Army Education team will be at the USO Bldg. 110 on **Nov. 18**, 11 a.m. – 1 p.m. Stop by to learn about testing and school options, tuition assistance, and ways to maximize your education benefits. Meet the education center staff and enjoy light refreshments.

## Pre-Retirement Briefing

Did you know... it is mandatory that all Soldiers receive a pre-retirement briefing between the retirement application submission date and 120 days before the retirement date or start date of transition leave? – AR 600-8-7, Paragraph 3-1. Upcoming briefing dates are: **Nov. 9, Feb. 3, May 5, Aug. 11, and Nov. 3, 2017**. Schedule attendance to the next RIA Pre-Retirement Brief by calling 309-782-7780 or email [usarmy.ria.usag.mbx.hrm-tsm@mail.mil](mailto:usarmy.ria.usag.mbx.hrm-tsm@mail.mil).

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## Defense Commissary Agency / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [here](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: [rockislandarsenal.commissary@deca.mil](mailto:rockislandarsenal.commissary@deca.mil) and type 'Subscribe' in the subject line.

## Commissaries to Publish Regional Savings

The Defense Commissary Agency is improving the way patron savings are calculated by comparing commissary prices on the items that patrons purchase most frequently to better reflect shoppers' experiences. "These price comparisons will now be made at the regional and national level, to better account for price differences across geographic areas," said Joseph H. Jeu, DecA's director and CEO. "Grocery costs outside the gate vary widely by region, so we're enhancing our savings calculations to reflect what our service members and their families experience in and out of the commissary," he added. "Finally, price comparisons will be monitored more frequently to ensure the best savings for patrons." Price comparisons on specific items will be rolled up into regional savings levels. This change, which does not affect patrons' out-of-pocket expense, will allow the agency to set a better baseline of savings on the products shoppers tend to buy most, Jeu said. ([More](#))

## Commissaries Celebrate Military with Special November Events

Commissaries worldwide are featuring special promotions in November including high-value coupon booklets for free frozen turkeys that help recognize the sacrifices of military service. "Our military families face hardships each and every day, whether it is another deployment separating families, trying to make ends meet on a tight budget, or being stationed overseas far away from home," said Tracie Russ, the Defense Commissary Agency's sales director. "This November we recognize all our military - active duty, Guard and Reserve and retirees - and their family members. And to all the war veterans who have fought for our freedom and the right to live in a free democracy in America," she added. "The commissaries will be showing their thanks through

military veterans' commemoration ceremonies, Veterans Day holiday weekend sales and our seasonal promotions throughout November." One of the month's biggest promotions is the annual free turkey event worldwide included in high-value coupon booklets. The free turkey promotion coincides with special discounted fresh turkeys available in all stores. Patrons are reminded to check out the online Sales Flyer at [www.commissaries.com](http://www.commissaries.com) or get a copy at the store entrance. Throughout November, the commissary's industry partners - vendors, suppliers and brokers - are collaborating with stores to offer discounts beyond everyday savings. Customers are asked to check their local commissary for details on dates and times for promotions.

### **From Oct. 28-Nov. 10, Rock Island Exchange Shoppers Save 15 Percent off First-Day Purchases with a New Military Star Card**

Military shoppers at the Rock Island Exchange can get a jump on their holiday shopping with an extra discount on first-day purchases with a new Military Star card through the Army & Air Force Exchange Service. Shoppers who use a new card for the first time from Oct. 28 to Nov. 10 will receive a 15 percent discount on all purchases instead of the standard 10 percent discount that is regularly offered. The discount is valid in-store at Rock Island Exchange facilities and online at [shopmyexchange.com](http://shopmyexchange.com) and can be combined with other promotions. The discount will appear as a credit on shoppers' first billing statements. Each time cardholders make a purchase with their Military Star card, they earn points as part of a rewards program. Cardholders earn two points for every \$1 spent in Exchange stores, food courts, mall vendors and on [shopmyexchange.com](http://shopmyexchange.com). Shoppers automatically receive a \$20 Military Star Rewards Card for every 2,000 points earned. The card can be redeemed anywhere Exchange gift cards are accepted. Other benefits of the card include:

- Competitive interest rate of 10.49 percent – an industry-leading interest rate.
- No annual, late or over-limit fees.
- 10 percent off Exchange food court purchases.
- 5-cents-per-gallon savings at Exchange gas stations.
- Free standard shipping at [shopmyexchange.com](http://shopmyexchange.com).

To apply for a Military Star card, authorized shoppers can visit the Rock Island Exchange or log on to [www.MyECP.com](http://www.MyECP.com).

### **Exchange Makes Dreams Come True with Third-Annual Your Holiday Bill Is On Us Sweepstakes**

The Army & Air Force Exchange Service is putting some jingle back in military shoppers' pockets by picking up the tab on their Military Star card with the third-annual Your Holiday Bill Is On Us sweepstakes. From Nov. 1 through Dec. 31, shoppers will be automatically entered in the worldwide sweepstakes each time they use their Military Star card to pay for purchases at any Army or Air Force Exchange location or on [shopmyexchange.com](http://shopmyexchange.com). Each transaction counts as one entry. Three grand-prize winners will have their Military Star card bill paid in full up to \$8,200, with a minimum prize of \$2,500. Ten second-prize winners will be awarded a \$1,000 credit on their Military Star card statement, while 25 third-place winners will receive a \$500 credit. Winners with a balance less than their prize amount will receive a credit on their account. "Real heroes win this sweepstakes," said Store Manager Lisa Scadden. "For the third year in a row, the Exchange is changing lives with just a swipe of a Military Star card. It'd be a thrill for a Rock Island shopper to have their holiday bill paid in full this season." Last year's sweepstakes made dreams come true for three grand-prize winners – a Vietnam veteran, a disabled retired Air Force master sergeant and a Texas Army National Guardsman. All three used their Military Star card to buy gifts during the holiday season, and, as grand-prize winners, all had their balances paid in full. "Winning this prize



means my family will be better prepared when I deploy to Kuwait next year,” Texas Army National Guard Sgt. Clayton Anders said during his grand-prize presentation earlier this year. “The money I’d allotted to pay this bill can now go toward other things, which will help my family.” Winners of the Your Holiday Bill Is On Us sweepstakes will be randomly selected and announced on or about Jan. 30.

### **Rock Island Exchange Brings Back Fee-Free Layaway for the Holidays**

Once again, the Army & Air Force Exchange Service is offering fee-free layaway for Soldiers, families and retirees who want to get a jump-start on their holiday shopping and keep gifts hidden safely out of sight from prying eyes. Starting **Sept. 1**, the Rock Island Exchange will waive the \$3 service fee for items that are placed on layaway and paid for by **Dec. 24**—including toys and bikes. Purchases of \$25 or more are eligible for the layaway plan. “By waiving the service fee, the Rock Island Exchange is giving military shoppers extra incentive to consider layaway, both as a budgeting tool and as a way to keep snooping loved ones from finding their gifts before the big day,” said Rock Island Exchange Store Manager Lisa Scadden. “With a few months to go before the holidays, shoppers can start checking off their gift lists—and keep those presents safely hidden.” A deposit of 15 percent is required to hold items on layaway. Shoppers can visit customer service at the Rock Island Exchange for complete program details and eligibility information.

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## Arsenal Archive



**Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))**

### **This Week in Rock Island Arsenal History – Oct. 31-Nov. 6**

Much of the RIA's early work involved cleaning, repairing, and refurbishing surplus equipment that had been used in the Civil War. On Nov. 1, 1875, leather workers at the RIA were recovering saddles with new leather. On Nov. 2, 1917, Special Order #351 sent six additional RIA representatives to France to study methods of manufacturing recoil mechanisms for gun carriages. William Henry Harrison negotiated and signed for the U.S. a treaty with several minor Sauk and Fox Indian chiefs in St. Louis. The ceded land included Rock Island. In November 1902, the RIA organized a drafting room.

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## Healthbeat



### **Virtual Medicine Will Be Norm in Future Crises, Says Health Chief**

Virtual health, also called telemedicine, is currently being used across 18 time zones, in 30 countries, and supporting more than 20 clinical specialties. Immediately following the 2009 and 2014 shootings at Fort Hood, Texas, the Army's virtual health care was there, linking the survivors with behavioral health care providers "from Hawaii, D.C. and San Antonio," said Dr. Colleen Rye,

Chief of Army Virtual Health, Office of the Army Surgeon General, at an Association of the United States Army Medical Readiness panel recently. A virtual health pilot is now underway in U.S. Africa Command, where "tyranny of distance" means that the only medical service providers available on site are the medics and telemedicine, she said. Another virtual health pilot is being conducted with Special Forces, she said. ([More](#))

### **Military Docs Using Less Invasive Treatments to Fight Cancers**

Military doctors have more tools in their kit in the fight against cancer. One area showing good results is interventional oncology that focuses in the treatment of various cancers. "Interventional oncology brings a minimally-invasive, imaging-guided, tumor-focused option to cancer care," said Army Maj. Nicolas Cahanding with Brooke Army Medical Center in San Antonio, Texas. "These procedures are often performed in a shorter amount of time (approximately 1-2 hours), bring shorter recovery times (often hours to days), and less patient complications and adverse reactions compared to more traditional surgical and chemotherapy options." Cahanding said different techniques are used to deliver the cancer treatments. One method, ablation, uses a small probe inserted through the skin and into the tumor to destroy tissues using thermal or other energy. Another method, embolization, uses the patients' own blood vessels to deposit small particles into tumors in order to starve them of blood and other nutrients, thus, killing the tumor. ([More](#))



## **Notes for Veterans**

### **VA Streamlining Process for Medical/Surgical Purchases**

The Department of Veterans Affairs is taking a major step toward system improvement in the processes used to purchase medical and surgical supplies. VA is significantly enhancing the Medical/Surgical Prime Vendor program by replacing it with the Medical/Surgical Prime Vendor - Next Generation program. MSPV-NG purchasing capability greatly improves VA's supply chain and aligns directly with VA Secretary Robert McDonald's 12 Breakthrough Priorities designed to transform VA into a Veteran-centric organization of excellence. "Similar to VA's successful pharmaceutical purchasing and distribution program, MSPV-NG aims to improve acquisition planning, sourcing, and delivery, which will allow the organization to benefit from the best pricing, timely access to supplies, and waste reduction," said McDonald. By standardizing processes, VA's MSPV-NG program reduces excess inventories and leverages VA's purchasing power. The program increases the involvement of clinicians in sourcing products, giving them direct input in selecting supplies that can be used across VA medical centers and clinics. Medical, surgical, dental, and select prosthetic and laboratory supplies will now be available at nationally negotiated rates. This benefit, along with flexible delivery options, positions VA to address critical medical and surgical supply needs, ultimately improving the quality of care for the Veterans we serve. The MSPV-NG program launches across all VA facilities Dec. 1. ([More](#))

### **IowaWORKS Salute to Veterans Open House**

Veteran VA Work Study and Davenport Employment Staff from IowaWORKS Eastern Iowa, Davenport Center will be hosting an "Open House" to pay tribute to our veterans who have served with distinction in our armed forces. The event will be held **Thursday, Nov. 10**, 9 a.m. – 12 p.m., in the Village Shopping Center, at 902 W. Kimberly Road, Suite 51, in Davenport. All veterans are

encouraged to stop by and network with some of the following agencies that will be represented. Feel free to drop by anytime refreshments will be provided in the Roosevelt Room.

# Around the Q.C.



**C**

- Nov. 1:** [Resilience - A Free Community Screening](#) (Putnam Museum)  
**Nov. 3:** [QC Celebrity Lip Sync Battle](#) (The Establishment, 220 19th St, Rock Island)  
**Nov. 4-6:** [Quad Cities Antique Spectacular](#) (QCCA)  
**Nov. 5:** [Military Appreciation Day](#) (Wieblers Harley-Davidson, 5320 Corporate Park Dr., Davenport)  
**Nov. 5:** [10th Annual Sullivan Brothers 5k/10k Races](#) (Grout Museum District, 503 South St, Waterloo)  
**Nov. 5:** [Stroll for Ohi - 5K Walk/Run for Pancreatic Cancer Awareness](#) (Sheridan Meadows Park, Eldridge)  
**Nov. 5:** [Hauberg Holiday Market](#) (Denkmann-Hauberg House, 1300 24th St, Rock Island)  
**Nov. 6:** [In Honor of Our Veterans – 'Moral Injury. Who Cares?'](#) (Risen Christ Lutheran Church, 6021 Northwest Blvd., Davenport)  
**Nov. 10:** [Fall Concert - Salute to Our Veterans](#) (Bettendorf Public Library)  
**Nov. 10:** [Holiday Hat Bash](#) (CASI)  
**Nov. 11:** [Veterans History Project](#) (Western Illinois University-Quad Cities, 3300 River Dr, Moline)  
**Nov. 12:** [Black Hawk College 5k Hustle](#) (Black Hawk College (Moline)  
**Nov. 12:** [22<sup>nd</sup> Annual Land of the Muddy Waters](#) (Bluecat Brew Pub)  
**Nov. 12:** [4<sup>th</sup> Annual American Legion Veteran's Day 5K Run and Family Run/Walk 1½ mile](#) (American Legion Post 711, 106 South Juniata St., Blue Grass, Iowa)  
**Nov. 12:** [Eldridge Harvest Hustle](#) (Sheridan Meadows Park, Eldridge)  
**Nov. 13:** [80s Adult Skate Night](#) (Skate City QCA & Laser Tag Alley, East Moline)  
**Nov. 18-27:** [Quad City Arts Festival of Trees](#) (RiverCenter (Davenport)  
**Nov. 19:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 19:** [Lighting on the John Deere Commons](#) (Downtown Moline)  
**Nov. 19:** [City of Davenport Garbage Gobble Creek Cleanup](#) (Davenport)  
**Nov. 19:** [QC Mustache Challenge](#) (Begins at Bent River Brewery, Moline)  
**Nov. 21:** [Veteran's Explore Camp Courageous](#) (Camp Courageous, 12007 190th St, Monticello, Iowa)  
**Nov. 24:** [Scott County Family Y McCarthy Bush Turkey Trot](#) (Downtown YMCA (Davenport)  
**Nov. 24:** [Monmouth Early Learning Center 5K Run/Walk Turkey Trot and Kid Run](#) (200 Block of East Broadway, Monmouth)  
**Nov. 25-27:** [27<sup>th</sup> Annual Quad City Christmas Arts & Crafts Fair](#) (QCCA)  
**Dec. 3:** [Ugly Christmas Sweater 5k walk/run](#) (Blackhawk Bank & Trust: 2nd St. & Davenport St.)  
**Dec. 3:** [Christmas in LeClaire Ugly Christmas Sweater 5k Run/Walk](#) (LeClaire, Iowa)  
**Dec. 3:** [Quad Cities Wizards Yule Ball](#) (The Col Ballroom, Davenport)  
**Dec. 3-4:** [Quad Cities Comic Con](#) (RiverCenter)  
**Dec. 10:** [AUSA Army Navy Game Watch & Member Appreciation Event](#) (The Main Event, Bettendorf)  
**Dec. 10:** [QC Holiday Shopping Expo](#) (Rock Island Center for Math and Science)  
**Dec. 17:** [Wreaths Across America](#) (Rock Island National Cemetery)  
**Jan. 1:** [The Resolution Run](#) (YouthHope's Moline Youth Center)  
**Jan. 6-8:** [Bald Eagle Days](#) (QCCA)  
**Jan. 15-17:** [25th Quad Cities Farm Show](#) (QCCA)  
**Jan. 20-22:** [Rod and Custom Show](#) (QCCA)  
**Jan. 28:** [Jaycees of the Quad Cities Bridal Expo](#) (RiverCenter)  
**Jan. 29:** [37<sup>th</sup> Annual Motorcycle Parts Swapmeet](#) (QCCA)  
**Feb. 3-5:** [Quad Cities Home Builders Home Show](#) (QCCA)  
**Feb. 16-19:** [Fishing, Hunting, and Outdoor Adventure Show](#) (QCCA)  
**Feb. 24-26:** [RV/Camping Show](#) (QCCA)  
**March 24-26:** [Lawn and Garden Show](#) (QCCA)  
**March 30:** [Taco Dinner Fund Raiser for QCA Stand Down](#) (The Viking Club, 1450 41st Street, Moline)  
**April 9:** [19<sup>th</sup> Annual In-Fisherman Swap Meet](#) (QCCA)  
**April 16:** [QC on Tap](#) (QCCA)

**May 14-15:** [Scott County Kennel Club AKC Dog Show](#) (QCCA)

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# Island Insight

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**Mark Kane, Editor** The Army publication, *Island Insight*, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army.

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